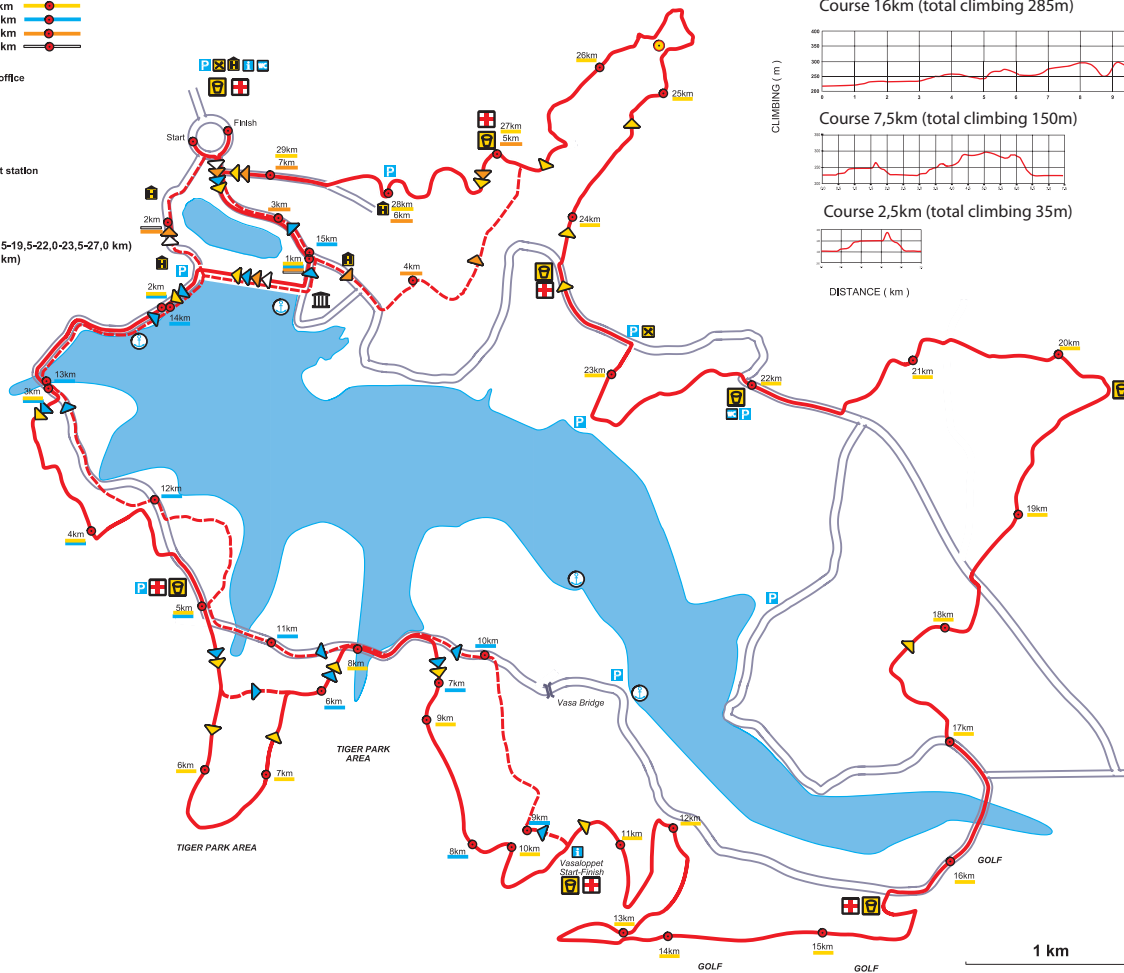
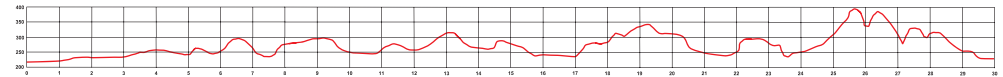


TRACK AND PROFILE MAP

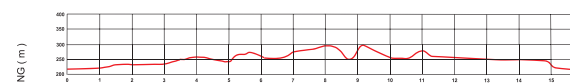
- Courses : 30,0km (red line)
 16,0 km (blue line)
 7,5 km (orange line)
 2,5 km (yellow line)
- Information office
 - Parking
 - Toilet
 - Restaurant
 - Hotel
 - Refreshment station
 - First aid
- Refreshment stations :
- Course
- 30,0 km (5,0-10,5-15,5-19,5-22,0-23,5-27,0 km)
 - 16,0 km (5,0-8,7-11,5 km)
 - 7,5 km (5,0 km)



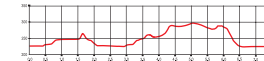
Course 30km (total climbing 860m)



Course 16km (total climbing 285m)



Course 7,5km (total climbing 150m)



Course 2,5km (total climbing 35m)

